



August 2021

Le Jardin Academy uses a program called ImPACT (Immediate Post Concussion Assessment and Cognitive Testing) to manage concussions sustained by student athletes. This program assists our athletic health care team in evaluating and treating head injuries. ImPACT is a computerized exam utilized in many professional, collegiate and high school sports programs to successfully diagnose and manage concussions.

If an athlete is believed to have suffered a head injury during sport participation, ImPACT is used to help determine the severity of a head injury, and when the injury is fully healed. The ImPACT test establishes a baseline score prior to the beginning of a contact sport season. The baseline test may be completed via secure email link at home or in person with our athletic trainer. After a concussive injury, the injured athlete is reassessed and the scores are compared to the baseline test. Athletes will only be considered to return to their activities if the post injury scores are comparable to the baseline scores. The ImPACT test is non-invasive and poses no risk to student athletes. It is set up similar to a computer game and takes 20-30 minutes to complete. The test data enables healthcare professionals to determine when return to play is appropriate and safe. If an injury of concussive nature occurs to your child, you will be promptly contacted with all details.

Le Jardin Academy administration, coaches, and athletic trainers strive to keep your child at the forefront of their athletic experience. Please sign the bottom of this page and fill out all appropriate information and submit to our athletic trainer, Justin Drain via email at justin.drain@lejardinacademy.org or bring a hard copy to the athletic training office, located on the first floor of the gym just to the left of the main entrance. If you have any further questions



please feel free to call the LJA athletic department at 808-261-0707 ext 1610 or our athletic trainer at ext 1620.

I give my permission for _____, born (date of birth) _____, to have a baseline ImPACT® (Immediate Post-Concussion Assessment and Cognitive Testing) test administered via Le Jardin Academy Athletics. I understand that my child may need to be tested more than once, depending upon the results of the test. I understand there is no charge for the testing. Le Jardin Academy may release the ImPACT test results to my child's primary care physician, neurologist, other treating physician, or any licensed healthcare professional as indicated below.

I understand that general information about the test data may be provided to my child's guidance counselor and teachers, for the purposes of providing temporary academic modifications, if necessary.

Please fill out the required student information below.

Physician/licensed healthcare professional: _____

Practice or group name: _____

Home address: _____

Parent or guardian phone number: _____

Preferred contact number: _____

Signature of parent/guardian: _____

Name of parent/guardian: _____

Date: _____